

Wrist Warmers with Thumb



Adult size. For children's size use DK yarn and 4mm (8) needles. Adjust length if needed.

About 50 gms of Aran yarn and 5.5mm (5) needles.
kf&b – knit into front and back of stitch.

Cast on 42 sts

Knit 20 rows in k2 p2 rib

On the 20th row place markers this way:

k20 place marker, k2, place marker, k20.

The 2 sts between the markers will form the increase for the thumb.

Switch to stocking stitch

Knit 20 sts. kf&b in the next two sts. K20

Next row and all wrong side rows, purl

Knit 20 sts to marker, kf&b in next stitch, K2. kf&b in the stitch before the marker. K20

Continue this way, always increasing a stitch at each marker till you have 16 sts between the markers.

K 2 rows then with right side facing, k20, (k1,p1) 8 times. Turn and rib a further 3 rows on these 16 sts. Cast off 16 sts in rib.

Rejoin yarn and k20 to end of row.

Next row, (wrong side) Purl19sts, P 2 tog, P to the end

Next row, K 18 sts, K 2 tog, K to the end. (38sts)

Stocking stitch 6 more rows

Work 6 rows in k2, p2 rib

Cast off and sew up side seam and thumb seam.