

Sewing Pattern



We already make fabulous knitted and crocheted Twiddlemuffs for dementia sufferers and one or two of you have even been experimenting with sewn versions. This lap quilt serves a similar purpose in that it provides a variety of tactile experiences for the patient. It is also great fun to make!

The finished squares measure 6 inches and I used $\frac{1}{4}$ inch seams.

Required:- Twenty $6\frac{1}{2}$ " squares, a piece of wadding or batting measuring 24" X 30" and a piece of backing material which is slightly larger, bias binding

Plain squares:- fabrics such as fur, fleece, velvet, cord, satin, tweed, towelling, velour and hessian work well.

Embellished squares:- the sky's the limit! Here are just a few suggestions: zips, snap fasteners, loops, buttonholes; toggles, buttons (these can be threaded on ribbon so that they slide) and beads; velcro flaps, buckles; pockets; ribbon, lace, braid etc.; tassels, pompoms and fringes.

Join the squares in rows and then sew the rows together to form a rectangle. Pin to the wadding and backing fabric. Buttons could be sewn through all layers to "quilt" it. Finish the edges with bias binding or cut your backing fabric larger and fold over, mitring the corners.

The great advantage in making patchwork squares is that a lot of the embellishments can be stitched into the seams and so are very secure. As with the twiddlemuffs, it is essential that everything is firmly attached.

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