

Worry Monster

Patterns

Worry monsters can be of any shape, stuffed or unstuffed. The only essential is that they have a "pocket" mouth. This can be fastened by either a zip or a button. A simpler alternative is to stitch a pocket on the outside. You could adapt a knitting or crochet pattern for an animal or creature and invent your own.

Sewn Worry Monster (zip method)

You will need :-

3 pieces of fabric about A4 size

Some scraps of felt or fabric for features/limbs

A zip (these can be shortened to required length by simply overstitching at the desired length and cutting.)

Make your pattern by taking a sheet of A4 paper and folding lengthways.

Draw a half shape on the fold – an oval, triangle, cloud shape ... whatever!!

Open out and use this paper pattern to cut out the front of your mon-ster.

Around half-way down cut your front piece in two

where you would like the mouth to be. Insert your zip. The zip can either be the full width of the monster or stitch the two pieces back together but leaving a gap for the zip.

Now add any facial features.

Next lay your front, right side up on to another piece of fabric which is also right side up (red is a good colour for this as it becomes the in-side of the mouth). Baste together. You have now created a pocket.

Think about arms, legs, ears, tail, horns, hair etc. Cut out in pairs. Stitch round but leave a gap for turning. Clip curves. Turn right side out. Stuff lightly. Baste in position on the right side of the double front.

Finally lay the front, right side down, on the third piece of fabric. Cut to shape. Stitch all the way round, through the three layers, but leave a gap at the base for turning. Turn, stuff and stitch up.

