

Trauma Teddy

with scarf or waistcoat



Size 10 (3.25mm) needles

Oddments of double knitting wool in four colours (main colour for head and paws, a trouser colour, a jumper colour and a scarf colour).

Step-by-step

1. Cast on 10 sts in main colour. Knit 10 rows (paw).
2. Change to the trouser colour and knit 30 rows. Make another trouser leg in the same way.
3. Knit across all 20 sts and work 16 rows.
4. Change to jumper colour and knit 24 rows.
5. Change to the main colour for the head. Stocking st for $5\frac{1}{2}$ ".
6. Change to jumper colour and revert to garter stitch. Knit 24 rows.
7. Change to trouser colour. Knit 16 rows.
8. Knit 10 sts (put remaining sts on holder). Knit 30 rows. Change to main colour for paw. Knit 10 rows. Cast off.
9. Pick up the 10 sts from holder. Knit 30 rows. Change to main colour for paw. Knit 10 rows. Cast off.
10. To make arms, using jumper colour, pick up 8 sts either side of

right hand side neck/head join (16 sts). Knit 20 rows.

Change to main colour. Knit 10 rows for paws. Repeat on left side.

11. Sew up teddy leaving a hole in the crotch. PLEASE stuff with EU approved toy stuffing only, and stitch closed.
12. Sew diagonal top corners of head for ears.
13. Embroider a happy teddy face.

Scarf

Cast on 60 sts. Knit 4 rows and cast off.

Tie the scarf onto the teddy and sew securely to the back of the neck.

Waistcoat

3.25mm (10) needles

DK yarn, cast on 54 stitches and garter st 4 rows

Beginning with a knit row, work 14 rows in stocking st, keeping first and last three sts as garter st on each row.

To divide for front

Knit 12, cast off 6 sts, knit 17, cast off six sts, knit remaining 12 sts

Left front

Row 1: (wrong side): knit 3, purl 2 tog, purl 4, knit 3.

Row 2 and alt rows: Knit,

Row 3: K3, p2tog, p3, k3.

Row 5: K3, p2tog, p2, k3.

Row 7: K3, p2tog, p1, k3.

Row 9: K3, p2tog, k3.

Row 11: K3, p1, k3.

Row 13: K 3, k2tog, k2.

Row 15: K 2, k2tog, k2 (5sts).

Row 17: Knit.

Row 18: Knit.

Cast off.

Row 9: K3, p2 tog through back of sts, k3.

Row 11: K3, p1, k3.

Row 13: K2, k2tog, K3.

Row 15: K2, k2tog, k2.

Row 17: Knit.

Row 18: Knit.

Cast off.

Sew in all ends and join shoulder seam and attach jacket securely to body.

Back

Rejoin yarn to the 18sts for the back

Stocking st 12 rows, keeping

beginning and end as three garter sts

K5, cast off 8 sts, k to end

K 6 rows on first set of 5 sts

Cast off

K 6 rows on second set of 5 sts

Cast off

Right Front

Row 1: K3, p4, p2tog through back of sts, k3.

Row 2 and every alternate row: Knit.

Row 3: K3, p3, p2tog through back of sts, k3.

Row 5: K3, p2, p2tog through back of sts, k3.

Row 7: K3, p1, p2tog through back of sts, k3.