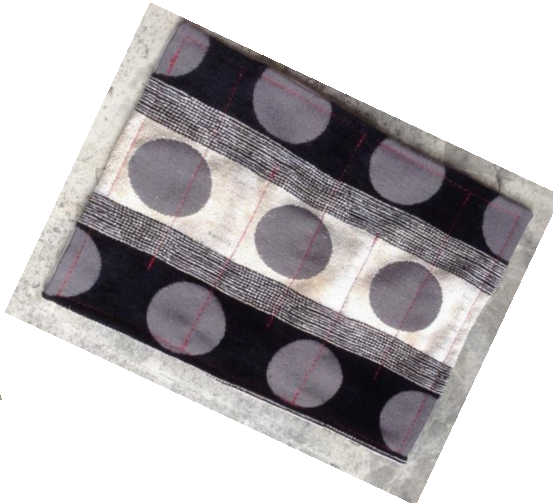


Marble Maze

A fidget activity for dementia patients.



These are very quick and easy to make. You simply need two pieces of furnishing fabric and a marble. The size is not too important and it can be square or rectangular. These are about 9 inches square.

Place your two pieces of fabric right sides together. Use $\frac{1}{4}$ inch seams and sew all the way round but leave a gap for turning. Trim corners. Turn the right way out and pop a marble inside before slipstitching the opening. Now topstitch all the way round. Using a ruler and pencil draw a maze - this can be as simple or complex as you like. Stitch along the lines you have drawn. You will need to move the marble around as you are stitching.

These work well with fidgety children too!

