

Crochet Twiddlemuffs (Sensory Bands)

Your finished muff (or band) can look something like this, or however you wish it to be.



Size 7mm crochet hook

Same quantities of yarn as the knitted version

Using 2 strands of DK or 1 strand of Chunky yarn chain 35 sts, ss to 1st ch to join circle.

1st row: 3ch, counts as 1st tr, 1 tr into next ch to end, ss to top of 3ch to finish (35 tr's)

2nd row: 3ch, counts as 1st tr, 1tr into next tr to end, ss to top of 3ch to finish (35 tr's)

3rd to 20th row: As 2nd row

These rows complete the lining.

You are now crocheting the outside. As with the knitted version I use a strand of DK and one of my fancy yarns. Again, I use the band method of design and 3 rows of treble make one band.

21st row: 3ch, 1 tr into same place (this forms an increase to 36 sts in each row), 1tr into each tr to end, ss into top of 3ch to finish (36 tr's)

22nd row: 3ch, 1tr into next tr to end, ss into top of 3ch to finish.

23rd to 40th row: as 22nd row, changing yarns as necessary.

41st row: As 22nd row, ss into top of 3ch and fasten off to finish.

You now have a 41 row Twiddlemuff tube.

Sew your twiddles to the lining as necessary, and add any extra decoration to the outside.

Tuck the lining into the outside and crochet the two ends together to finish.

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