

# Face Mask



## You need:

1 piece of fabric 15" x7.5"

2 pieces 4" x 2.5"

Two 10" pieces of elastic

7" piece of soft wire

A piece of card, 3" x 8.5"

## To make:

Zigzag the two shorter edges.

Fold, right sides together( makes a square).

You will be using a narrow seam for the zigzagged edges. Sew in 1.5" from each side leaving a 4.5" gap in the middle(this forms a pocket. Paper towel or another filter can be used)

Press the seam open and turn right side out. Topstitch what will be the lower edge of the slit.

Arrange the opening so that it is about 0.5" below the fold. Now topstitch from side seam to side seam across the upper edge of the slit. You now have channel to carry the wire.

Bend the ends of the wire so that there are no sharp edges and feed into the channel.

Topstitch all the way round the square to hold everything together.

The piece of card is the finished depth of your mask. Clip the wired edge to one long edge of the card and the folded fabric (bottom of the mask) to the opposite side. It is then a matter of forming three pleats. When you are happy pin them.

Place the short pieces on the sides, right sides together. Centre them and stitch.

Fold in and press the overlap at each side then fold/press 0.5" on the remaining edge and bring down to meet the seam line thus creating a casing for the elastic.

Thread through the elastic and knot or stitch.