

# Emergency Service Trauma Teddy



**The arms on this bear are knitted together with the jumper. If you prefer to add the arms later, use the original Trauma Teddy pattern.**

DK Yarn in Green, for First Responder, Navy for Police and Ambulance, Beige, Black and Fluorescent Yellow for jacket and narrow silver or white ribbon for fluorescent stripes  
Size 10 or 3 ¾ mm needles

Wind off two small balls of beige yarn as you will need three separate balls in total when you get to the head.

Cast on 10 sts and knit 10 rows with black yarn.  
Change to uniform colour and knit 30 rows.  
Repeat to make 2<sup>nd</sup> leg (I knit both legs at the same time, working from the middle and end of the ball)

Work across all 20 sts, and knit a further 14 rows.

Change to black and knit 4 rows.  
Change to uniform colour and knit 12 rows. At the end of the 12<sup>th</sup> row cast on 12 sts in uniform colour and 6 in beige.  
Always twist yarn on wrong side to avoid holes and give a neater finish.

Knit across row & cast on 12 sts in uniform colour and 6 sts in beige.  
Knit 11 more rows keeping colours correct.

Do not break yarns and either put the 18 stitches for the arms on separate pins or leave on your needles and just work on the middle 20 sts.  
On these 20 sts, work 6½", in beige in stocking stitch. (about 52 rows)  
Break off beige and put arm stitches back on needle, either side of the head sts, then work 12 rows in uniform colour.

Loosely cast off the 6 paw stitches and 12 arms sts, knit next 20 sts and cast off the 12 arm sts and 6 paw sts. Rejoin uniform colour to the 20 sts and knit a further 11 rows.

Change to black and knit 4 rows  
Change to uniform colour and knit 14 rows

Work each leg either separately or at the same time. Knit 30 rows on each leg.

Knit 10 rows in black and cast off

Sew on a happy face and sew up sides of head, pinching corners of head to make ears. Stuff head and sew a running thread around neck. Sew up arms and body, stuffing as you go, then trousers and legs. Pull up thread around neck and sew in ends. Embroider a square in middle of the belt for a buckle.

## Fluorescent Waistcoat

3.25mm (10) needles

Using fluorescent yellow yarn, cast on 54 stitches and garter st 4 rows  
Beginning with a knit row, work 14 rows in stocking st, keeping first and last three sts as garter st on each row.

### To divide for front

Knit 12, cast off 6 sts, knit 17, cast off six sts, knit remaining 12 sts

### Left front

Row 1: (wrong side): knit 3, purl 2 tog, purl 4, knit 3.  
Row 2 and alt rows: Knit,  
Row 3: K3, p2tog, p3, k3.  
Row 5: K3, p2tog, p2, k3.

Row 7: K3, p2tog, p1, k3.  
Row 9: K3, p2tog, k3.  
Row 11: K3, p1, k3.  
Row 13: K 3, k2tog, k2.  
Row 15: K 2, k2tog, k2 (5sts).  
Row 17: Knit.  
Row 18: Knit.  
Cast off.

### Back

Rejoin yarn to the 18sts for the back  
Stocking st 12 rows, keeping  
beginning and end as three garter sts  
K5, cast off 8 sts, k to end  
K 6 rows on first set of 5 sts  
Cast off  
K 6 rows on second set of 5 sts  
Cast off

### Right Front

Row 1: K3, p4, p2tog through back of sts, k3.  
Row 2 and every alternate row: Knit.  
Row 3: K3, p3, p2tog through back of sts, k3.  
Row 5: K3, p2, p2tog through back of sts, k3.  
Row 7: K3, p1, p2tog through back of sts, k3.  
Row 9: K3, p2 tog through back of sts, k3.  
Row 11: K3, p1, k3.  
Row 13: K2, k2tog, K3.  
Row 15: K2, k2tog, k2.  
Row 17: Knit.  
Row 18: Knit.  
Cast off.

Sew in all ends and join shoulder seam and attach jacket securely to body. Sew on silver ribbon for reflective strip.