

## FLEECE HEADBAND



For an adult use a sheet of A4 as a pattern.

Place one of the shorter sides to the fold of material.

You will then have a strip which is approximately 60cm x 21cm.

Fold in half lengthwise with right sides together.

Machine stitch the seam, starting and finishing about 6cm in from the ends.

Now turn it the right way out.

Join the two ends together.

Slip stitch the opening.

Decorate with a bow, flowers, etc.

If you would like to make a band in two or even three colours then your basic pattern needs to be a parallelogram. These are joined together first and then continue as for the plain one.

