

Twisted Headband



5½ mm Knitting Needles

Chunky Yarn

Instructions:

Cast on 18 sts and using garter stitch (or single or double rib)

Work straight until strip measures about 20" (or adjust to fit head)

Fold strip in half longwise.



Bring the cast on edge to cast off edge twisting one side so the ends slot together. Hold the four edges together and sew across the top catching in all layers. Secure and fasten off ends. Open out, as shown in top picture.

