

Socks in double knit on 4 needles

Materials: approx. 100g dk wool for first two sizes. 125g for third size.

Set of 4 x 3.25mm double pointed needles

Sizes: 4 - 6; 7 - 9; 10 - 12

Sock (both alike)

Cast on 48 (52, 56)

Divide between 3 needles and join (by sliding last st onto same needle as first)

Mark beginning of round (by sliding a stitch marker onto the needle)

Ribbing:

Working in the round:

Round 1: (K1 P1) repeat to end

Repeat round 1 until work measures 4 (4, 4)cm

Cuff

Next round: Knit

Repeat this round until work measures 18 (19, 20) cm

Heel Flap

K12 (13,14) and turn

Row 1: sl1P, P23 (25, 27), turn - 24 (26, 28) sts on this needle

Slide rem sts on to spare needles

Row 2: sl1K, K23 (25, 27), turn

Working back and forth on these 24 (26, 28) sts, rep last two rows 9 (10, 11) more times.



Heel shaping

Row 1: sl1P, P12 (14, 14), P2tog, P1, turn.

Row 2: sl1K, K3 (5, 3), K2togtbl, K1, turn.

Row 3: sl1P, P4 (6, 4), P2tog, P1, turn.

Row 4: sl1K, K5 (7, 5), k2togtbl, K1, turn.

Continue in this manner, taking in one more stitch each row until all the heel flap stitches have been included.

Pick up for instep

Pick up and knit 10 (11,12)sts down side of heel flap, K24 (26, 28)sts from cuff, pick up and knit 10 (11,12) sts up side of heel flap, K7 (8, 8) – 58 (64, 68)sts thus ending at the marker.

Shape instep

Round 1: K15 (17,18), K2tog, K24 (26, 28), K2togtbl, knit to end – 56 (62, 66)sts.

Round 2: Knit

Round 3: K14 (16,17), k2tog, K24 (26, 28), K2togtbl, knit to end – 54 (60, 64)sts.

Round 4: Knit

Continue in this manner, decreasing 2 sts on every alt row as set, until 48 (52, 56)sts remain.

Foot

Next round: Knit

Repeat this round until foot measures 20 (22.5, 24.5)cm from back of heel.

Decrease for toe

Round 1: K9 (10,11), K2tog, K2, K2togtbl, K18 (20, 22), K2tog, K2, K2togtbl, knit to end.

Round 2: Knit

Round 3: K8 (9,10), K2tog, K2, K2togtbl, K16(18, 20), K2tog, K2, K2togtbl, knit to end.

Round 4: Knit

Continue in this manner, decreasing 4 sts on every alt round as set, until 24 (24, 28) sts remain.

Next round: K18 (18, 21).

Rearrange stitches so that the first 6 (6, 7) sts and last 6 (6, 7) sts of the round are on one needle with the rem 12 (12, 14) sts on another needle. Graft toe together using Kitchener Stitch.

Grafting using Kitchener Stitch

Cut yarn leaving 10" tail and thread through a tapestry needle.

Hold the two needles remaining together, parallel to one another, with the one the tail comes from at the back.

Insert tapestry needle purlwise into first stitch on the front needle. Pull yarn through leaving stitch on needle.

Insert tapestry needle knitwise into first stitch on the back needle. Pull yarn through, leaving stitch on needle.

*Insert tapestry needle knitwise into first stitch on the front needle and slip stitch off needle.

Insert tapestry needle purlwise into next stitch on the front needle. Pull yarn through, leaving stitch on needle.

Insert tapestry needle purlwise into first stitch on the back needle and slip stitch off needle.

Insert tapestry needle knitwise into next stitch on the back needle. Pull yarn through, leaving stitch on needle.

Repeat from * until all stitches have been grafted.

Secure end on inside of sock.