

Kitchener Stitch (grafting) on Stocking Stitch work

Hold the two pieces of knitting parallel to one another with the wrong sides facing. Thread the working yarn with a yarn needle.

1. Insert the yarn needle **knit wise** into the first stitch on the front knitting needle. Draw through the stitch and slip the stitch off of the front needle
2. Insert the yarn needle **purl wise** into the next stitch on the front knitting needle. Draw through the stitch. Leave the stitch on the needle.
3. Insert the yarn needle **purl wise** into the first stitch on the back knitting needle. Draw through the stitch and slip the stitch off of the back needle.
4. Insert the yarn needle **knit wise** into the next stitch on the back knitting needle. Draw through the stitch. Leave the stitch on the needle.

Repeat these steps beginning at the * until all of your stitches have been grafted together. Even out the sewing and weave in the ends.

Kitchener stitch (grafting on Garter Stitch Work

To begin Kitchener stitch you will have an equal number of live stitches on each needle, positioned with wrong sides facing. In this example the front needle has purl bumps directly underneath the stitches on the right side, and the back needle has knit stitches directly underneath the needle on it's right side (the outside).

Cut the yarn from the ball leaving a tail roughly three times the length of piece you're grafting. It doesn't matter if the yarn is coming from the back needle, or the front. Thread this onto a darning needle and secure the yarn by passing it purl wise through the first stitch on the front needle, and then purl wise through the first stitch on the back needle. You're now ready to start grafting!

1. Insert the needle **knit wise** into the **first stitch** on the front needle. Pull the length of yarn through the stitch and then let it drop **off** the end of the needle
2. Then pass the darning needle **purl wise** through the **second stitch** and leave it on the needle.
3. Repeat the same two steps on the back needle. Insert the darning needle **knit wise** into the **first stitch**
4. Insert the darning needle **purl wise** into the **second stitch** on the back needle and leave it where it is.

Repeat this 4 step sequence to the end of the work and fasten off.